

Product number B089 - Calcium+ Complex 500 grams powder

The mineral calcium is necessary for the maintenance of normal teeth and bones, among other things. This powder allows for a higher calcium dose than with tablets or capsules. The calcium content in this product is balanced with the minerals magnesium, zinc, and manganese. All minerals are bound to easily absorbable organic substances.

Calcium also contributes to:

- Calcium is good for calcium metabolism and plays a role in bone formation. It contributes to the maintenance of strong bones.
- Calcium helps reduce bone mineral loss in menopausal women. Low bone mineral density is a risk factor for fractures due to osteoporosis. This claim is specifically intended for women aged 50 and over, and this beneficial effect is obtained with a daily intake of at least 1200 mg of calcium from all sources.
- Calcium is important for bone composition during growth and development in children.
- Calcium is important for (strong) teeth.
- Calcium plays a role in the activity of certain enzymes involved in energy metabolism. It helps release energy from food and activates the body's natural energy reserves.
- Calcium is good for muscle function. It plays a role in maintaining supple and strong muscles and supports the heart muscle.
- Calcium plays a role in and aids in digestion. It supports the normal function of digestive enzymes such as amylase, trypsinogen, various lipases, and ATPases.
- Calcium contributes to the normal functioning of the nervous system and normal neurotransmission.
- Calcium contributes to proper blood clotting.
- Calcium plays a role in the process of cell division and differentiation.
- Calcium contributes to the process of cell renewal and plays a role in (the process of) tissue growth and development.

Ingredients and % Reference Intake per 2 level scoops (12 grams of powder):

Calcium (tricalcium citrate, bisglycinate) 720 mg 90%

Magnesium (citrate, bisglycinate) 480 mg 128%

Zinc (citrate, L-monomethionine) 18 mg 180%

Manganese (bisglycinate, citrate) 4 mg 200%

Bulking agent: maltodextrins (from corn).

Flavoring: citric acid.

One scoop contains 6 grams of powder.

Directions:

Adults take 1 level scoop twice daily, mixed with yogurt, food, or fruit juice, or as advised by a healthcare professional. Do not exceed the recommended dose and keep out of reach of children. After use, close the container tightly and store in a dry place. A dietary supplement is not a substitute for a varied diet.